Meditation Mantras

1. Aum Govindaya Nama
   Mantra for protection.

2. Aum Rudraya Nama
   Mantra for transformation

3. Aum Aparajitaya Nama
   Aum, I bow to the one who never accepts defeat.

4. Aum Amritaya Nama
   Mantra for delight

5. Aum Shanti Supreme Beloved
   Mantra for peace

6. Gayatri Mantra
   Aum bhur bhuvah svah tat savitur varenyam
   Bhargo devasya dhimahi dhiyo yo nah pracodayat
   We meditate on the transcendental glory of the Deity Supreme
   Who is inside the heart of the earth, inside the life of the sky
   And inside the soul of the heaven.
   May He stimulate and illumine our minds.

7. Not My Will But Thine Be Done

   Dhammam Saranam Gacchami.
   Sangham Saranam Gacchami.
   I take refuge in the Buddha.
   I take refuge in the Dharma.
   I take refuge in the Sangham.

9. Jiban Debata
   Jiban Debata Daki Animesh Khama karo aji more
   Ogo sumahan jagater tran jagi jena shubha bhore.
   O my life's Lord Supreme,
   Sleeplessly I invoke You
   To forgive me today.
   O great One, O world's reality-salvation,
   May I be fully awakened
   In purity's auspicious dawn.

10. Dak Eseche / Call Has Come
    Dak eseche dak eseche bishwa prabhur dak.
    Call has come, call has come, Lord Supreme's call.

11. My Own Gratitude Heart Is all that matters.

12. My Lord Beloved Supreme
    My Lord Beloved Supreme, with every breath of my heart
    I enter into Your Heart to love You only in Your own Way.
    My Lord Beloved Supreme, with every breath of my heart
    I sit at Your Feet to need You only in Your own Way.
    My Lord Beloved Supreme, with every breath of my heart
    I look at Your Eye to fulfil You only in Your own Way.

13. He Murali Dhar Tumi Chiro Manohar
14. Habo Ami Atmabhola Param Shiber Mato
15. Like The Supreme Lord Shiva I shall remain in the self-forgetfulness trance.
16. O Make My Mind Tranquil And Calm
    Charidike neharite prashanti dham

All words and music by Sri Chinmoy
(except words to Gayatri Mantra – traditional Indian Mantra)

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